

# BEATING COVID STRESS!

*Webinar on problems & solutions for COVID related stress*

- ☛ 31th July 2021 | Saturday @ 11am - 01.00 pm
- ☛ Join Zoom Meeting : <https://us02web.zoom.us/j/89153169778>  
Meeting ID: 891 5316 9778, Passcode: 963055

## Schedule

- 11.00 - 11.05 am : **Welcome Address**  
**Prof Dr. N. Balasubramanian, Coordinator TEC.**
- 11.05 - 11.25 am : **Special Address**  
**Prof Dr. K. Baskar, Director, CTDT.**
- 11.25 - 11.30 am : **Speaker Introduction**  
**Prof Dr. N. Balasubramanian, Coordinator TEC.**
- 11.30 - 12.55 pm : **Key note Address – Problems & Solutions for COVID related stress faced by work force, students.**  
**Prof Dr. Vidhya Venugopal**  
Professor, Dept of Environmental Health and Engineering.  
Sri Ramachandra Institute of Higher Education & Research, Chennai.
- 12.55 – 01.00 pm : **Vote of Thanks**  
**TEC, Team**



*No registration fee!*

*All are invited!*

*[For registration click here](#)*

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